INSIDE THE POLYGRAPH

David Goldberg Podcast Guest Media Kit

Polygraph examiner, investigator, and podcast host

David Goldberg brings a practitioner's perspective to conversations about truth, pressure, and human behavior. He can explain what a polygraph measures, where its limits begin, how question design affects an examination, and why ethical judgment matters when reputations, relationships, or freedom may be at stake.



Host Inside the Polygraph with David Goldberg

Founder Executive Protection Group Polygraph Service, established 2001

Based Virginia Beach, Virginia

Travel Available for studio travel by arrangement with the booking contact†

Primary booking contact

Yosef Goldberg 757-406-2942 yosef@nvrenghent.com

insidethepolygraph.com executiveprotectiongrp.com

Updated October 2026

Biography

David M. Goldberg is the host of Inside the Polygraph and founder of Executive Protection Group Polygraph Service in Virginia Beach, established in 2001. David and his booking materials describe his polygraph career as 25+ years; during his October 2026 Whatever Podcast appearance, he described it as 25 years. His professional website states that he had conducted more than 20,000 certified, documented examinations as of 2026.† Virginia's Department of Professional and Occupational Regulation lists David M. Goldberg as a licensed polygraph examiner, license number 000783, through December 31, 2026.

David has described himself publicly as a U.S. Navy veteran and a former police detective with 30 years in law enforcement.† In a first-person account published in 2026, he wrote that he led 41 police officers to New York City and took part in rescue-and-recovery work at Ground Zero after September 11.† His on-air work focuses on the practical mechanics and limits of polygraph testing, investigative interviewing, false allegations, ethical decision-making, and the difference between stress and deception.

Short Biography

David M. Goldberg hosts Inside the Polygraph and founded Executive Protection Group Polygraph Service in 2001. David reports 25+ years in polygraph practice, and his company reports more than 20,000 documented examinations.† A self-described U.S. Navy veteran and former police detective, he brings a direct perspective to truth verification, high-stakes interviewing, and investigative ethics.†

Profile Facts

Field	Details
Current work	Host of Inside the Polygraph and founder of Executive Protection Group Polygraph Service
Public record	Virginia polygraph examiner license 000783, listed through December 31, 2026
Experience claim	David reports 25+ years in polygraph; his company reports 20,000+ documented examinations†
Service history	Self-described U.S. Navy veteran and former police detective†
Ground Zero	First-person account of law-enforcement rescue-and-recovery work after September 11†
Availability	Available for travel by arrangement through Yosef Goldberg†

Interview Directions

David is strongest in a candid, technically skeptical conversation. These subjects allow a host to explore both his field experience and the limits of the tool rather than treating a polygraph as an infallible verdict.

- **What the instrument measures** Physiological response, question structure, scoring, and the boundary between measurement and interpretation.
- **Stress is not deception** Why nervousness is expected, how examiners establish comparison points, and where trauma or medical issues complicate the process.
- **Question design can decide the exam** The work that happens before sensors are attached, including scope, wording, ambiguity, and the examiner's responsibility to refuse a flawed question.
- **Ground Zero in his own words** David's account of traveling to New York with law-enforcement officers, taking part in rescue-and-recovery work, and carrying that experience forward.†
- **Truth and due process** How false allegations, serious accusations, and institutional pressure affect the search for reliable information without turning the examiner into an advocate for either side.
- **Polygraphs on camera** What changes when testing becomes entertainment, what viewers do not see, and where production pressure can collide with professional ethics.
- **The examiner's limits** When a responsible examiner should postpone or decline a test, what polygraph results cannot prove, and what critics of the field get right.

Suggested Long Form Questions

- What does a polygraph actually measure, and what does it never measure?
- How do you separate fear, trauma, and anger from a response that may indicate deception?
- Which part of an examination requires the most judgment from the examiner?
- What have repeated high-stakes interviews taught you about the stories people tell themselves?
- What do you remember most clearly from Ground Zero, and what should be documented before that history is lost?†
- When should a host, attorney, investigator, or examiner refuse to use a polygraph?
- What is the fairest criticism of your profession?

Production Formats

- **Chronological long-form interview** Navy service, detective work, Ground Zero, the polygraph career, and recent on-camera testing.†
- **Myth and limits segment** A host-led review of common claims, with direct answers on accuracy, admissibility, countermeasures, and examiner bias.
- **On-camera demonstration** Possible when the purpose, questions, consent, pre-test process, and production limits are agreed in advance; an entertainment segment should not be presented as a full forensic examination.
- **Audience questions** A practical Q&A on preparation, nervousness, inconclusive results, and how to choose a qualified examiner.

Recent Media and Booking

Released appearances are listed separately from recorded material awaiting publication.

Status	Outlet	Appearance	Link
Released Oct 16 2026	Soft White Underbelly	Polygraph Examiner interview - David Goldberg | 1:06:19	Watch
Released Oct 11 2026	Whatever Podcast	Polygraph Test vs. 7 Women | Dating Talk 316	Watch
Recorded Release pending	Michael Franzese	Recorded appearance; no public release date or link is available.†	Pending

Media Links

- Inside the Polygraph website
- Inside the Polygraph on Apple Podcasts
- Inside the Polygraph on Spotify
- Inside the Polygraph on Buzzsprout
- David's professional biography

Booking Information

Primary contact Yosef Goldberg

Phone 757-406-2942

Email yosef@nvrenghent.com

Podcast insidethepolygraph.com

Professional website executiveprotectiongrp.com

Travel Available for in-person studio recording by arrangement; dates and travel logistics are coordinated through Yosef Goldberg.†

Verification Before External Distribution

Claims marked † are attributed to David Goldberg, Executive Protection Group, or the booking team. Confirm the supporting records and approved wording below, then remove this page and the † marks before sending the kit externally.

Claim	Status	Current basis	Action before sending
Virginia examiner license	**Verified**	DPOR license 000783 is listed through Dec 31 2026	Recheck status if used after 2026
25+ years in polygraph	**Attributed**	David's Oct 2026 Whatever appearance and booking materials	Confirm preferred start date and exact wording
20,000+ examinations	**Attributed**	Executive Protection Group professional biography	Confirm count basis and whether 'certified documented' is approved
U.S. Navy service	**Confirm**	David and company biography	Verify branch dates unit and any decorations before adding detail
Police detective and 30 years law enforcement	**Attributed**	David's Whatever appearance and company biography	Verify agency title and dates
Ground Zero account	**Attributed**	David's 2026 first-person account	Verify agency task force dates deployment scope and led-41-officers detail
Michael Franzese appearance	**Confirm**	Booking-team statement only	Confirm show title record date permission to mention and release status
Podcast travel	**Confirm**	Booking-team statement only	Confirm availability expense terms and scheduling constraints
Advanced Board-Certified title	**Omitted**	Appears on company biography	Verify authority credential title and current status before adding

Verification Sources

- Virginia DPOR current regulant list
- Executive Protection Group biography
- David Goldberg's Ground Zero account
- Whatever Podcast appearance
- Soft White Underbelly appearance